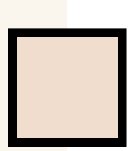


Hospital bag for mums

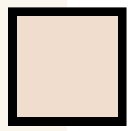
CHECKLIST AFTER DELIVERY



01

NIGHT DRESSES

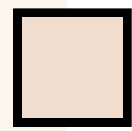
Loosely fitted night dresses for hospital stay.



02

TOILETRIES

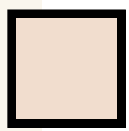
Heavy duty Maternity Pads are designed to be softer and more absorbent.



03

UNDERWEAR

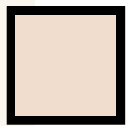
Pack disposable underwear and a good nursing bra if you plan to breastfeed.



04

COSMETIC & SKINCARE PRODUCTS

Get a good moisturisers as your skin may feel drier.



05

TOILETRIES

Don't forget your mini-bag of toiletries like Toothbrush and paste, face and body wash, hair ties, and plastic bags.

What's your most essential item?